



Busikids Ducklings Menu

Week 1



	AM Snack-12m+	Dinner	Vegetarian Option	Sweet-10m+	PM Snack-12m+	Tea
Monday	Toasted Muffin with spread, and Satsuma Milk Wheat, Milk	Home made Chicken Pie in Gravy with boiled potatoes, mashed carrots/swede and broccoli *Celery, Barley, Wheat, Soya	Home made Quorn Pie in Gravy with boiled potatoes, mashed carrots/swede and broccoli* Celery, Barley, Wheat, Soya	Eve's Pudding and Cream Apple slices* Egg, Milk, Wheat	Breadsticks and cucumber sticks milk Milk, Wheat, Barley, sesame	Spaghetti hoops and fish fingers and cucumber strips* Fruit selection Fish, Wheat
Tuesday	Toast with spread, and fresh tomatoes Milk Wheat, Milk	Roast turkey/chicken, roast potatoes, vegetables and Yorkshire pudding* Milk, Egg, Celery, Barley, Wheat, Soya	Quorn fillet, roast potatoes, vegetables and Yorkshire pudding Milk, Egg, Celery, Barley, Wheat, Soya	Frozen strawberry yoghurt & plum slices* Milk	Breadsticks and cucumber sticks milk Milk, Wheat, Barley, sesame	Sausage and Peas Pasta Bake, Broccoli florets* Fruit Milk, Wheat
Wednesday	Bagel ¼ with Spread and sliced Plum Milk Wheat, Milk, Soya	Fish Pie with Cauliflower and Runner Beans* Fish, Milk	Mushroom Pie with Mixed Vegetables Celery/celeriac, milk	Apple and cinnamon crumble and custard and apple slices* Milk, Wheat	Breadsticks and cucumber sticks milk Milk, Wheat, Barley, sesame	Vegetable soup with bread* Fruit Celery/Celeriac
Thursday	Crumpet with spread and Grapes Milk Milk, Wheat	Meatballs with Wholemeal Spaghetti, Peas and carrot sticks* Wheat	Quorn Meatballs with Wholemeal Spaghetti, Peas and carrots Barley, Eggs, Wheat	Orange Jelly	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Finger Sandwiches with a variety of *fillings Fruit Milk, Barley, Wheat, Oats & Rye
Friday	Toasted Pitta Bread with sliced grapes Milk Wheat, Milk, Soya	Chicken Korma and White Rice with Naan* Milk, Wheat	Chickpea Korma and White Rice with Naan Milk, Wheat	Rice pudding and apricots* Milk	Breadsticks and cucumber sticks milk Milk, Wheat, Barley, sesame	Potato waffles, baked beans and chicken nuggets* Fruit Soya, Wheat

- Indicates the part of each meal that can be held and eaten by infants as a finger food

Key to colours: Green = Fruit and vegetables Orange = Meat and Meat Substitutes Blue = Dairy Brown = Pasta, Potato, Pulses etc



Busikids Menu Ducklings

Week 2



	AM Snack-12m+	Dinner	Vegetarian Option	Sweet-10m+	PM Snack-12m+	Tea
Monday	Bagel ¼ with Spread and chopped Plum Milk Wheat, Milk, Soya	Chilli Con Carne with Brown Rice, green beans * Celery/celериac	Quorn Mince Chilli with Rice green beans* Celery/celериac, egg	ice cream and bananas milk	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Macaroni cheese, cheese sticks* with Peas Fruit* Milk, Wheat
Tuesday	OatCakes with Carrot and Pepper Sticks Milk, Milk oats	Fish parcels in puff pastry, mashed potatoes and peas and kale Fish,milk	Tofu parcels, mashed potatoes and peas and kale Milk	Peach cobbler *with ice cream Wheat, Milk	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Tomato and Mozzarella Tartlet and vegetable chips Fruit Wheat, Milk
Wednesday	Crackers with spread and sliced Grapes Milk Milk, wheat	Roast turkey/chicken, roast potatoes, vegetables and Yorkshire pudding* Milk, Egg, Celery, Barley, Wheat, Soya	Quorn fillet, roast potatoes, vegetables and Yorkshire pudding* Milk, Egg, Celery, Barley, Wheat, Soya	Mixed fruit sponge & cream & pineapple slices* Milk, Egg, Wheat	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Fishcakes* and baked beans Fruit* Milk,Fish, Wheat, Mustard
Thursday	Wholemeal pitta fingers with mint raita and cucumber sticks Milk Milk, wheat	Turkey and Leek Pie with green beans and boiled potatoes Milk, Wheat, Celery/celериac	Quorn and Leek Pie with green beans and boiled potatoes Milk, Wheat, Celery/celериac	Blackcurrant jelly and strawberries	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Sweetcorn, broccoli *and chicken slices (sauce optional) fruit salad milk, sesame, soya, wheat, eggs
Friday	Half Toasted teacake with sliced apple Milk Wheat, Milk, Barley	Creamy chicken and leek pasta with broccoli* Milk	Creamy quorn and leek hotpot with broccoli* Milk, egg	Onken cherry yoghurt & plum slices* Milk	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Hard boiled egg and ham rolls* Fruit Egg, wheat, milk

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Busikids Ducklings Menu

Week 3



	AM Snack	Dinner	Vegetarian Option	Sweet	PM Snack	Tea
Monday	Oatcake Houmous and Apple Milk Oats, milk, sesame	Tagliatelle carbonara, garlic bread * Egg, milk, wheat	Wholemeal spaghetti carbonara with mushrooms and garlic bread* Egg, milk	Apple and rhubarb crumble and custard and apple slices* Milk, Wheat	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Cheese Baked Beans and Scooped Jacket potatoes and cheese sticks* Petits Filous Milk
Tuesday	Plain yoghurt and banana slices Milk Wheat, Milk,	Spaghetti Bolognese with Red onion & cheese flatbread* Wheat, Milk	Quorn Spaghetti Bolognese with Red onion & cheese flatbread* Wheat, Milk	Carrot cake Wheat, egg	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Pitta pockets with boiled egg and cucumber and carrots salad Fruit Egg, wheat
Wednesday	Bagel ¼ with Spread and sliced Plum Milk Wheat, Milk, Soya	Chicken, Mango & Butternut curry with white rice and nan* Celery/celeriac, soybeans	Tofu, Mango & Butternut curry with white rice and nan* Celery/celeriac, soybeans	Spotted Dick and Custard *pear slices Milk, wheat, egg	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Tomato and Mozzarella Tartlet and vegetable chips Fruit Wheat, Milk
Thursday	Crumpets with spread and Grapes Milk Milk, wheat	Roast turkey/chicken, roast potatoes, vegetables and Yorkshire pudding* Milk, Egg, Celery, Barley, Wheat, Soya	Quorn fillet, roast potatoes, vegetables and Yorkshire pudding* Milk, Egg, Celery, Barley, Wheat, Soya	ice cream and bananas* milk	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Fishcakes* and baked beans Petits Filous yoghurt with pear slices* Milk, Fish, Wheat, Mustard
Friday	Crackers with cheese spread & apple Milk, Wheat Milk	Fish and vegetable layer pie served with boiled egg and asparagus/broccoli* Fish, Egg, Milk	Mushroom and Tofu Vegetable pie with boiled egg, and asparagus, broccoli* Soya, Milk, Egg	Fruity flapjack	Breadsticks and cucumber sticks* milk Milk, Wheat, Barley, sesame	Sandwiches with a variety of fillings Fruit Milk, Barley, Wheat, Oats & Rye

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