



Busikids Menu Week 1 Dairy & Soya Free



	AM Snack	Dinner	Vegetarian Option	Sweet	PM Snack	Tea
Monday	Cream Cracker, grapes and banana Oatly Milk Oats Wheat	Spaghetti Bolognaise with Free from garlic bread & peas Wheat		Bananas and custard (Vegan - Dairy & Soya Free- Powder with Oatly Milk) Oats	Fruit and Oatly Milk Oats	Jacket potato Baked Beans & Violife Cheese Side of Broccoli Flapjack Oats Wheat Coconut
Tuesday	(Genius) Toast with Violife cheese spread and cucumber Oatly Milk Egg Oats Coconut	Gammon in Parsley Sauce and Roasted New Potatoes with Seasonal Vegetables Wheat & Celery		Baked Apple and custard(Vegan - Dairy & Soya Free- Powder with Oatly Milk) Oats	Fruit and Oatly Milk Oats	Chicken & veg Fajitas and Rice Koko Yoghurt & fruit wheat
Wednesday	Grissini Breadsticks Multi coloured peppers with Hummus dip Oatly Milk Oats Wheat sesame	Roast chicken, roast potatoes, vegetables and Free From Gravy		Rice Pudding with Oatly Milk & Mixed berries Oats	Fruit and Oatly Milk Oats	Genius Sausage Roll, Beans Vegetable Crisps Fruit in Jelly Egg
Thursday	(Genius) toast with Vegetable Spread & Carrot sticks (steamed for Ducklings) Oatly Milk Egg Oats	Beef Curry and Rice & Broccoli		Apple Streudel and Custard(Vegan - Dairy & Soya Free- Powder with Oatly Milk) Wheat Oats	Fruit and Oatly Milk Oats	Violife Cheese Pie and Mini Sweet corn Ginger Cookies Wheat Coconut
Friday	Genius Crumpet with vegetable spread and Satsumas Oatly Milk Egg Oats	Home Made Fish Cakes and Potato Wedges with Peas and Sweetcorn Wheat, Fish		Apple & Blackberry Pie with Oatly crème fraiche/oatly cream Wheat,,Oats	Fruit and Oatly Milk Oats	Violife Cheese and Ham Genius Toasties with Cucumber & carrot Sticks Spiced orange Cake Wheat,,Egg Coconut



Busikids Menu Week 2 Dairy & Soya Free



	AM Snack	Dinner		Sweet	PM Snack	Tea
Monday	Grissini Breadsticks Carrots with Cheese Spread Oatly Milk Wheat Oats sesame	Chicken & vegetable Casserole with dumplings and Free From Gravy Wheat		Fruit flan Wheat, Egg	Fruit and Oatly Milk Oats	Baked Beans Sweet Potato wedges and Quorn Sausages Rhubarb Fool (vegan custard) Barley Eggs Wheat
Tuesday	(Genius) toast with Spread & Carrot Sticks (steamed for Ducklings) Oatly Milk Egg Oats	Cottage Pie (free from gravy) with mixed vegetables		Banana Cake Egg wheat	Fruit and Oatly Milk Oats	Chicken fillet in a free from roll with Salad and Home made free from Coleslaw Mixed Fruit
Wednesday	Cream Cracker, grapes and banana Oatly Milk Oats Wheat	Chicken Curry Rice and French Beans with free from nan bread		Baked Pears and Oatly crème fraiche Oats	Fruit and Oatly Milk Oats	Corned Beef Hash Violife cheese topping Roasted Butternut Squash Cubes Carrot cake Eggs Wheat Coconut
Thursday	Genius crumpet with spread and Fruit Oatly Milk Egg Oats	Quorn Sausage and Bacon Pasta with Peas and free from Garlic Bread Barley Wheat Eggs		Apple and Cinnamon Crumble and Custard (Vegan -Dairy & Soya Free- Powder with Oatly Milk) Wheat Oats	Fruit and Oatly Milk Oats	Jacket Potato with tuna and (egg and dairy/soya free) mayonnaise cherry tomatoes and cucumber Spotted dick and Custard (Vegan -Dairy & Soya Free- Powder with Oatly Milk) Wheat Oats
Friday	Cream Cracker, grapes and banana Oatly Milk Oats wheat	Roast turkey, roast potatoes, vegetables with free from gravy		Plum Yoghurt cake (using veg spread & Koko yoghurt) Wheat Eggs	Fruit and Oatly Milk Oats	Genius Crumpets with Mixed Violife & Ham, cucumber Gingerbread Man & Free From Ice Cream Egg, Wheat Coconut



Busikids Menu Week 3 Dairy & Soya Free



	AM Snack	Dinner	Vegetarian Option	Sweet	PM Snack	Tea
Monday	Cream Cracker, grapes and banana Oatly Milk Oats Wheat	Turkey Chilli Con Carne with rice & Carrots Celery Wheat		Raisin cupcakes Wheat, Egg	Fruit and Oatly Milk Oats	Violife Cheesy Pasta with Ham & Garlic (Genius)Bread & Broccoli Mixed fruit Wheat, Egg Coconut
Tuesday	Genius crumpet with spread and Satsumas Oatly Milk Egg, Oats	Home made free from Chicken Carbonara and Broccoli Wheat, Egg Coconut		Winter Crumble and oatly Creme Fraiche Oats	Fruit and Oatly Milk Oats	Burritos and Wedges with Salad Rice Pudding(Oatly milk) with Mixed Berries Wheat Oats
Wednesday	Cream Cracker, grapes and banana Oatly Milk Oats Wheat	Quorn Sausage Casserole Mashed Potato & Seasonal Vegetables Wheat, Barley, Eggs		Baked Apple and Custard(Vegan - Dairy & Soya Free- Powder with Oatly Milk) Oats	Fruit and Oatly Milk Oats	Fish fingers(Veg fingers-v), baked beans and Courgette Gratin Fruit Fish Wheat
Thursday	Grissini Breadsticks Carrots with Violfe Cheese Spread Oatly Milk Oats, Coconut sesame	Roast Lamb, roast potatoes, vegetables and free from gravy		Home made free from Upside down Cheese Cake Wheat coconut	Fruit and Oatly Milk Oats	Wraps with Violife cheese spread, ham,and Grated Carrot & beetroot & Koko yoghurt & fruit Wheat, Celery Coconut
Friday	(Genius)Wholemeal toast with Spread & Carrot Sticks (steamed for Ducklings) Oatly Milk eggs Oats	Home made Chicken in Garlic and Herb Breadcrumbs with Roasted vegetables and Potatoes and Home made Coleslaw Wheat		Ginger Sponge and Custard(Vegan - Dairy & Soya Free- Powder with Oatly Milk) Wheat Eggs Oats	Fruit and Oatly Milk Oats	Home made Puff Pastry Pizza and vegetable Sticks Apple and Cranberry oat Biscuit Wheat, Egg Oats Coconut